






  **La Roche 11**

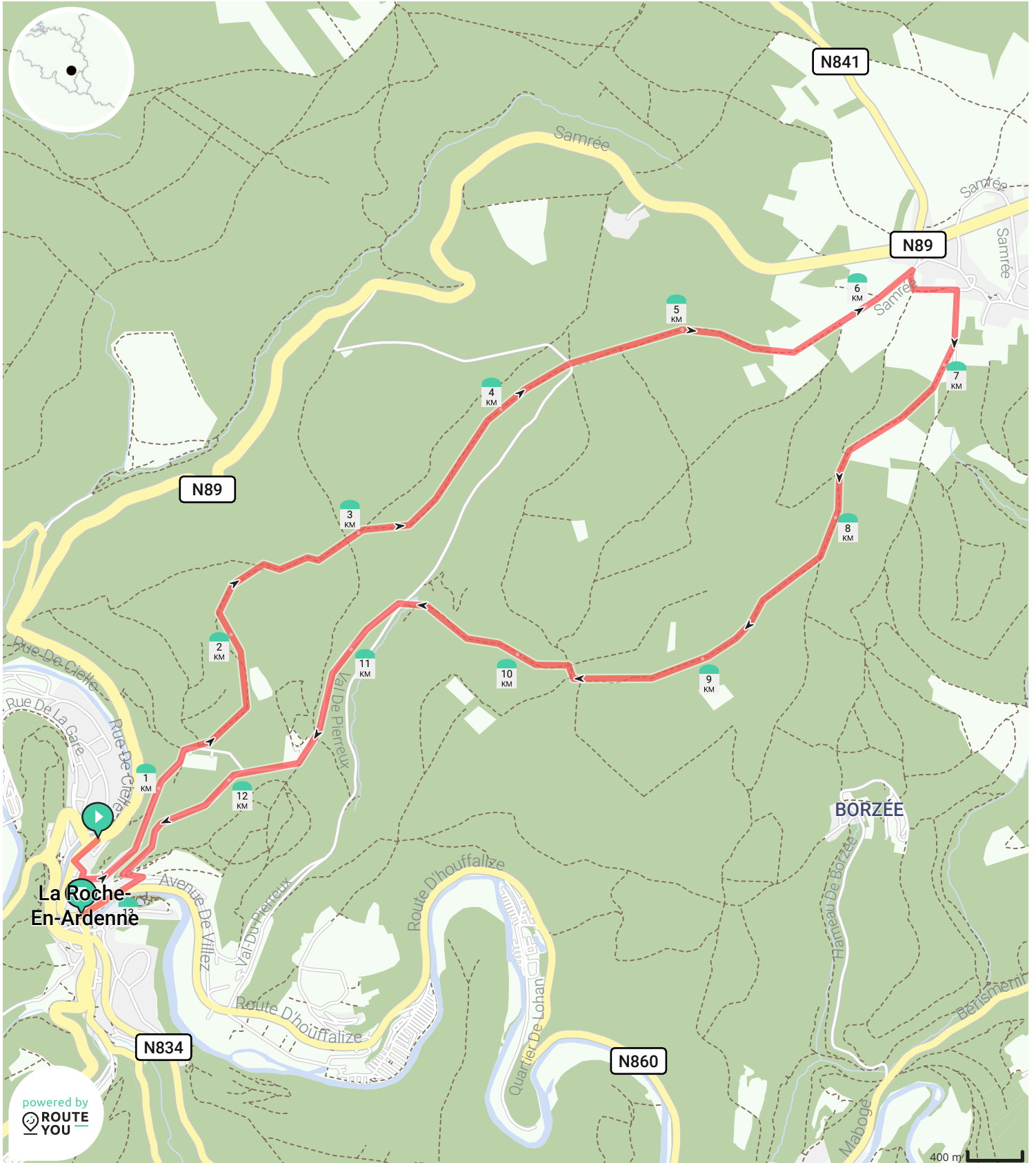
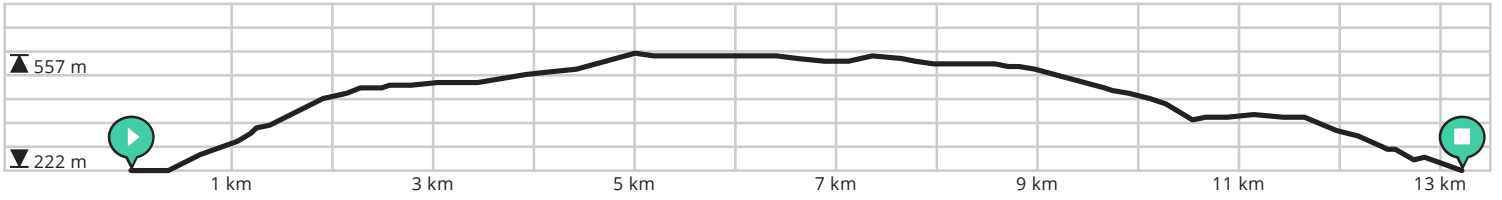
Bekijk op mobiel



Door Torcken

-  Lengte: 13.2 km
-  Stijging: 367 m
-  Moeilijkheidsgraad: 7/10

-  Quai du Gravier, N89b, La Roche-en-Ardenne, België
-  Quai de l'Ourthe, N89b, La Roche-en-Ardenne, België





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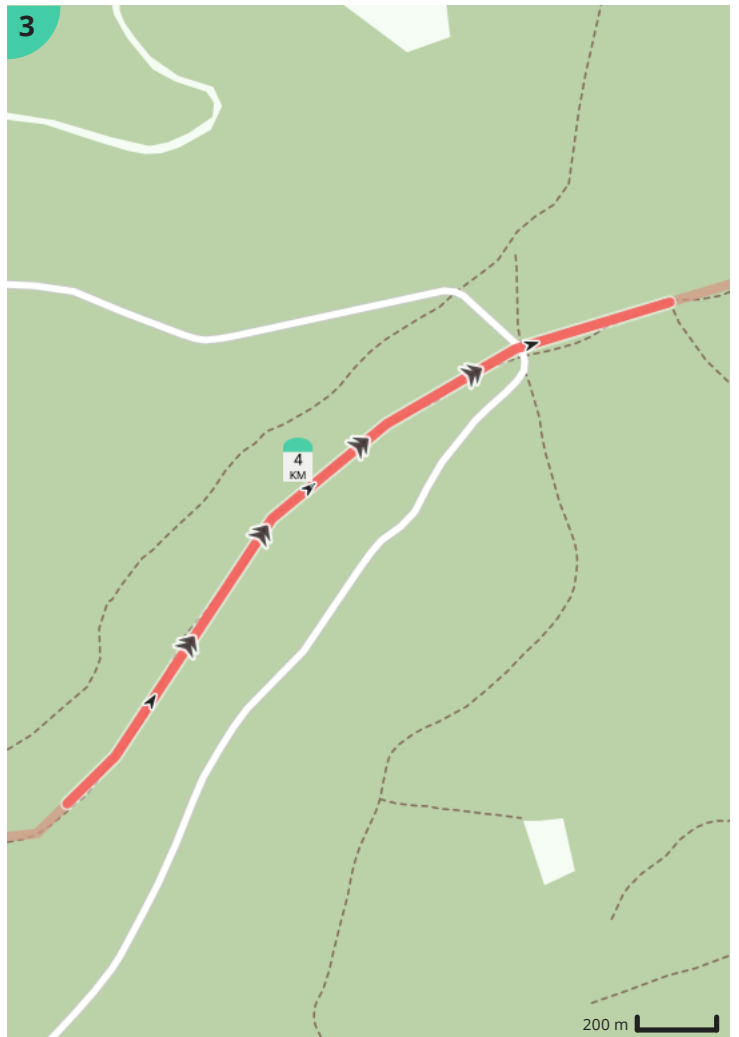
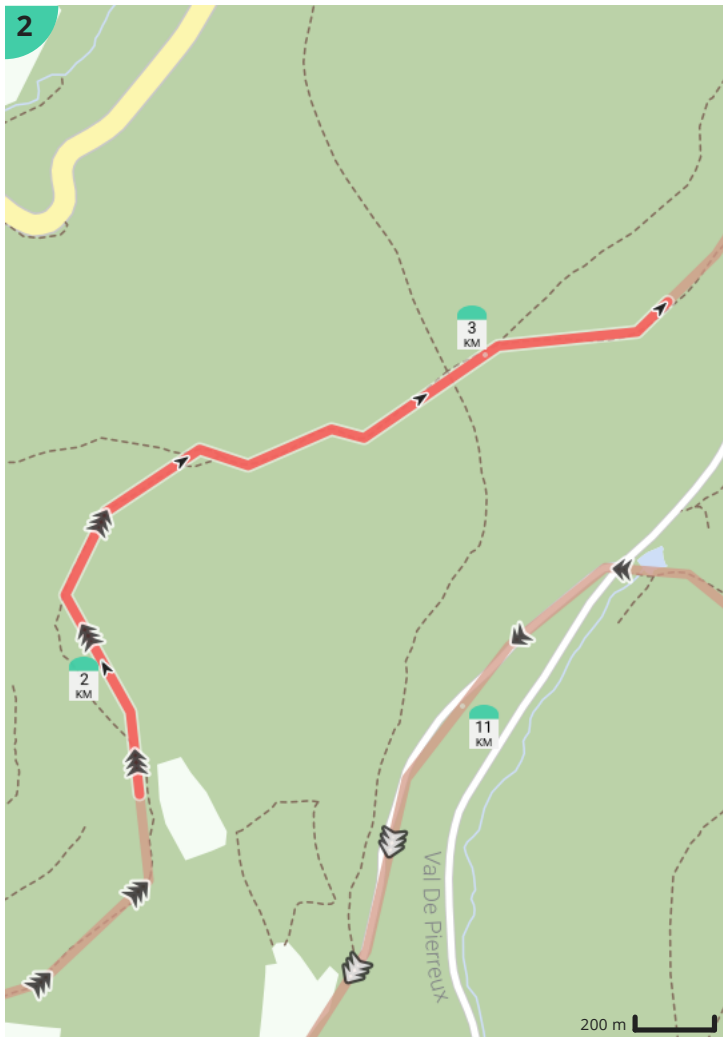
Legende

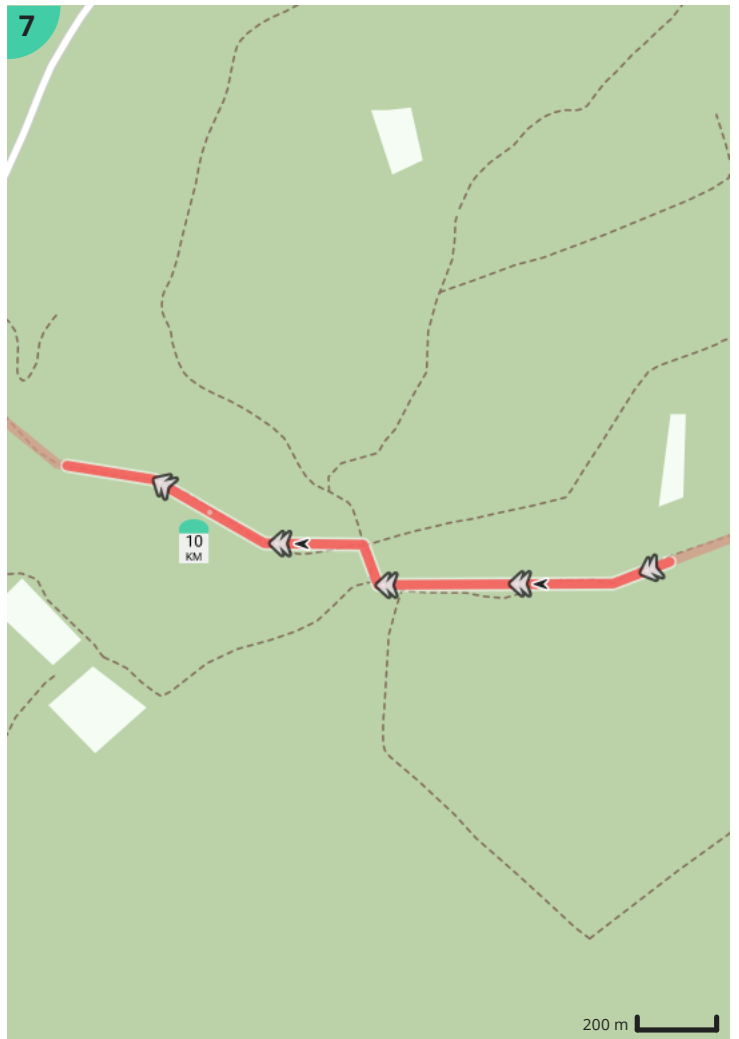
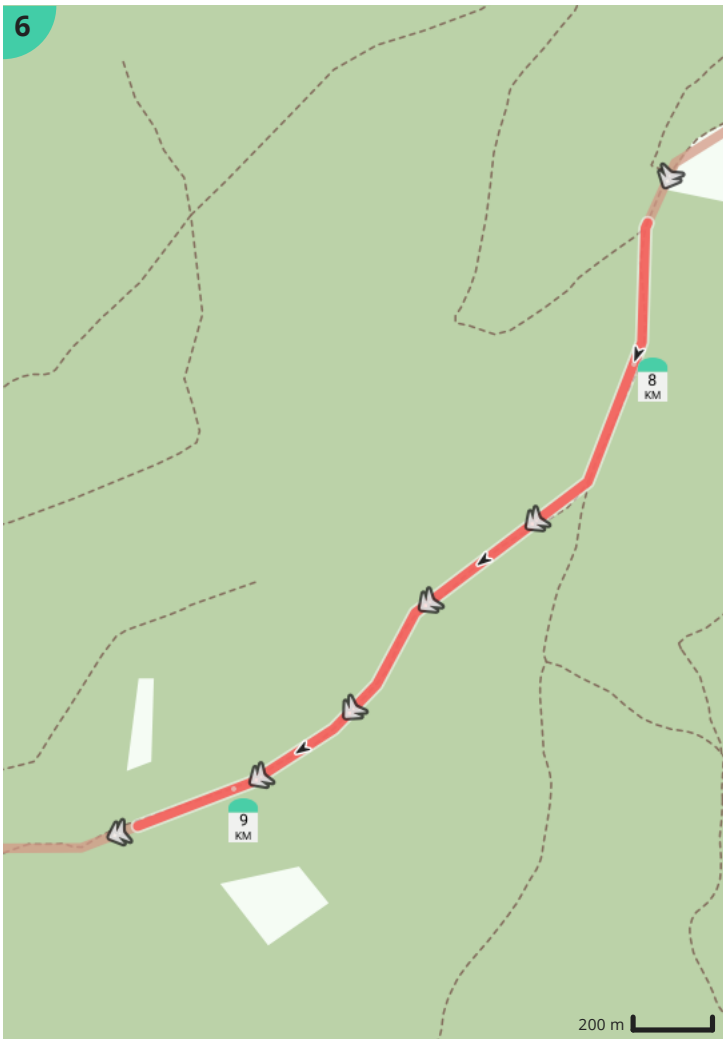
Route

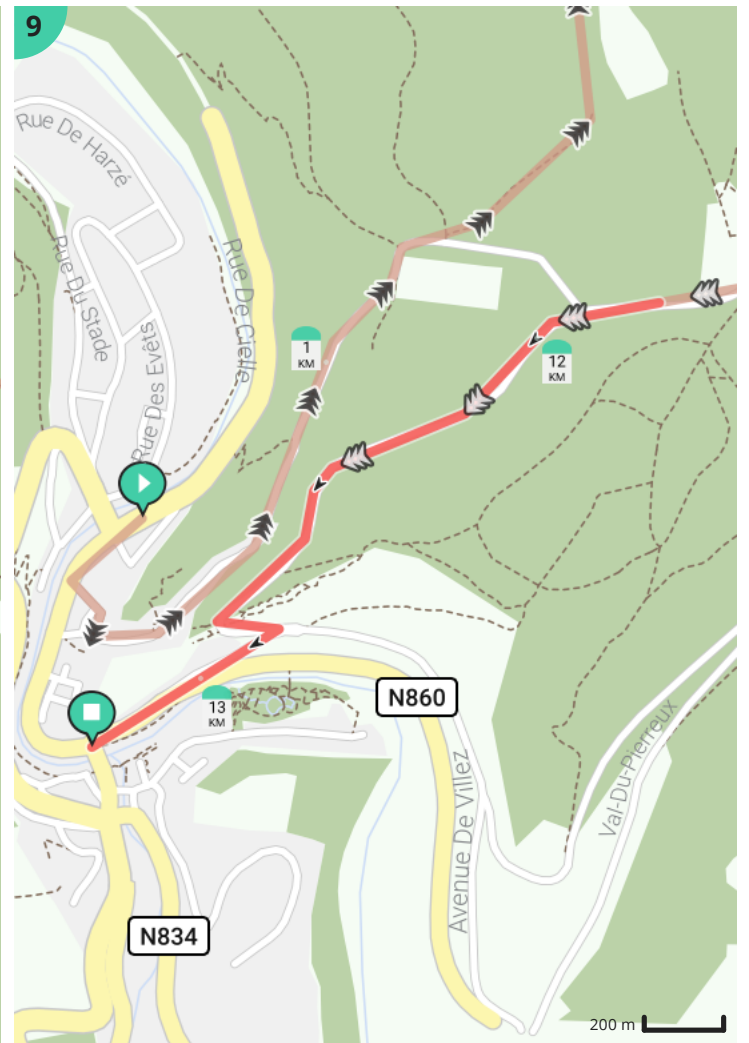
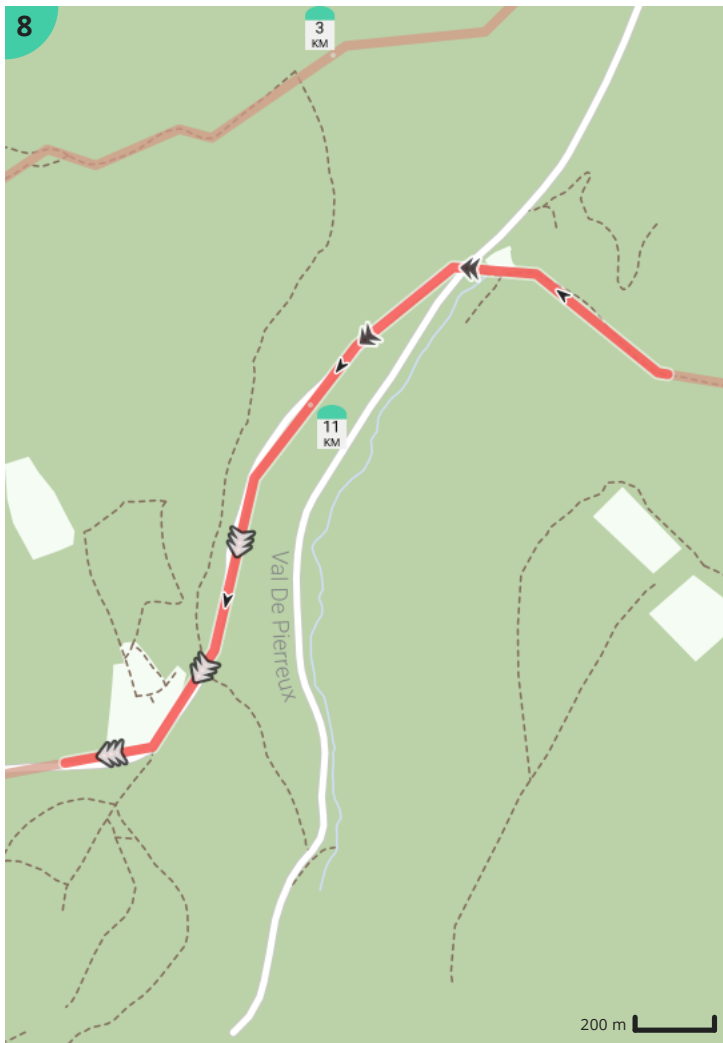
Bezienswaardigheid































Steilheid van beklimming





























Steilheid van afdaling







Totaal	Type	Kaart- nummer	Informatie	Uurrooster 6 km/h	Volgende
0.0 km		1		0 min	157 m
0.16 km		1		1 min	73 m
0.23 km		1		2 min	41 m
0.27 km		1		2 min	39 m
0.31 km		1		3 min	39 m
0.35 km		1		3 min	108 m
0.46 km		1		4 min	215 m
0.67 km		1		6 min	364 m
1.04 km		1		10 min	134 m
1.17 km		1		11 min	63 m
1.24 km		1		12 min	138 m
1.38 km		1		13 min	249 m
1.62 km		1		16 min	280 m
1.9 km		2		19 min	222 m
2.13 km		2		21 min	153 m
2.28 km		2		22 min	186 m
2.47 km		2		24 min	84 m
2.55 km		2		25 min	151 m
2.7 km		2		27 min	56 m
2.76 km		2		27 min	270 m
3.03 km		2		30 min	232 m
3.26 km		2		32 min	655 m
3.92 km		3		39 min	1.09 km
5.01 km		4		50 min	189 m
5.2 km		4		51 min	175 m
5.37 km		4		53 min	207 m
5.58 km		4		55 min	723 m
6.3 km		5		1 h 3 min	32 m
6.34 km		5		1 h 3 min	69 m
6.41 km		5		1 h 4 min	217 m

6.62 km		5	1 h 6 min	268 m
6.89 km		5	1 h 8 min	244 m
7.14 km		5	1 h 11 min	524 m
7.66 km		5	1 h 16 min	119 m
7.78 km		6	1 h 17 min	189 m
7.97 km		6	1 h 19 min	247 m
8.22 km		6	1 h 22 min	360 m
8.58 km		6	1 h 25 min	134 m
8.71 km		6	1 h 27 min	568 m
9.28 km		7	1 h 32 min	391 m
9.67 km		7	1 h 36 min	71 m
9.74 km		7	1 h 37 min	164 m
9.91 km		7	1 h 39 min	212 m
10.12 km		7	1 h 41 min	162 m
10.28 km		8	1 h 42 min	260 m
10.54 km		8	1 h 45 min	138 m
10.68 km		8	1 h 46 min	484 m
11.16 km		8	1 h 51 min	293 m
11.46 km		8	1 h 54 min	190 m
11.65 km		8	1 h 56 min	329 m
11.98 km		9	1 h 59 min	208 m
12.19 km		9	2 h 1 min	238 m
12.43 km		9	2 h 4 min	48 m
12.47 km		9	2 h 4 min	80 m
12.55 km		9	2 h 5 min	200 m
12.75 km		9	2 h 7 min	103 m
12.86 km		9	2 h 8 min	367 m
13.23 km		9	2 h 12 min	